

## OXYGEN AND NITROGEN FREE RADICALS:

WHEN SUPEROXIDE -- AN OXYGEN-DERIVED FREE RADICAL -- MEETS NITRIC OXIDE (WHEN IT IS IN HIGH CONCENTRATIONS IN TISSUES), REACTIVE NITROGEN SPECIES ARE FORMED. THERE IS A CASCADE OF FREE RADICAL ACTIVITY AND CELL DAMAGE. WHICH EVOLES INTO A CYCLE, OR CYCLE OF CYCLES. ONCE THE CYCLE STARTS, IT DOESN'T STOP UNTIL THE STRESS IS REMOVED AND BALANCE IS RESTORED.

### BIOINITIATIVE 2014

#### UPDATE:

## FREE RADICAL STUDIES

### DR. PALL:

EMFs ACT VIA VGCCs

NO/ONOO CYCLE

EMFs, BIOLOGICAL HARM

EMF, OXI. STRESS, V.G. CA++ CHANNELS

EMF, OXIDATIVE STRESS,  
NEURODEGENERATION

 MONOCHROME RED LED,  
PROTECTION, OXI. STRESS

### SEE OTHER MAPS:

MELATONIN  
DNA/RNA

METHYLATION, GLUTATHIONE



VIMEO:  
**RESONANCE**  
MAGNETITE, CRYPTOCHROME,  
MELATONIN, FREE RADICALS, EMF

Dr. Pall before Portland Board of Educ.

Dr. Pall's book

A vicious cycle, chronic illness



NO/ONOO Cycle

Home: Oscillatorium  
Newest version this map  
Date of this update: 05-07-16

### Definitions

## FREE RADICAL ACTIVITY (OXIDATIVE/NITROSATIVE STRESS) AND EMF



BIRDS, BEES, AND MANKIND: Destroying Nature by Electrosomog, Ulrich Warnke

Oxidative Stress, Microwave Exposure

 Oxidative Stress, Microwave Exposure, Protection by Melatonin

### Studies

ELF, protein oxidation

ELF, PCO, 3-NT, AOPP

RF, ROS, neuronal cells

MW/RF, MDA, NO, retina

Modulated RF, oxidative stress

MW, ROS, monocyte apoptosis

MW/RF, MDA, NO, myocardium

ELF, free radicals, DNA damage

MW/RF, MDA, NO, renal tubules

ELF, increased 8-OH-dG, TBARS

MW/RF brain oxidation, rats, garlic

MW/RF, rabbit liver, lipids, 8-OH-dG

RF, oxi stress, different brain regions

ELF, increased TBARS, H<sub>2</sub>O<sub>2</sub>, heart

ELF-EMF, oxidative stress, cell death

MW/RF, antioxidant decrease, sperm

ELF, cortical neurons, increased ROS

MW/RF human saliva oxidative stress

ELF, increased MDA, NO<sub>3</sub>, NO<sub>2</sub>, NO<sub>x</sub>

MW/RF, mitochondrial DNA, 8-OH-dG

MW/RF, mobile phone, oxi stress to cells

MW/RF, oxi stress to brain, liver, kidneys

ELF, cells less tolerant of oxidative attacks

MW/RF, mononuclear ROS and apoptosis

ELF, cell specific Redox and EMFs, cancer

ELF, muscle mitochondria, redox, oxidation

MW/RF, GSM base station, oxidative stress

ELF, increased MDA, antioxidant decreases

ELF, EMF bio-effects mechanism, oxi. stress

MW, low level exposure, oxi stress, cognition

MW/RF, ROS, rat pregnancy, liver antiox. stores

ELF-EMF activates pathway, inhibits cell prolifer.

ELF, DNA damage from reactive oxygen species

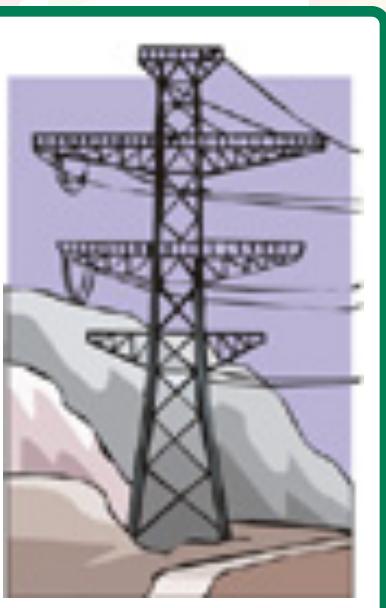
ELF, NOS, potential for wound healing, bio-effects

ELF-EMF, movement restraint vs. oxidative stress

MW/RF oxi. stress, antioxidant defense, rat brain

ELF, increased MDA, decreased melatonin activity

ELF, increased MDA, lower antioxidants, adipocytes



"The existing scientific literature abundantly documents disruptions of the redox balance in organisms through reactive oxidative and nitrogenous species (ROS/RNS), causally connected to the exposure to electromagnetic fields of mobilradio [sic] and wireless communication."

Ulrich Warnke

"The basic mechanism of the [NO/ONOO] cycle is local and will be localized to different tissues in different individuals. The reason for this primarily local nature is that the three compounds involved, NO, superoxide and ONOO, have limited half lives in biological tissues... This allows for... a huge spectrum of illness."

Marin Pall

"Substances with an excess of electrons are indispensable for metabolism if humans and many animals want to remain healthy. Electromagnetic oscillations destroy this electron excess and form nitrosative-oxidative species (RNS/ROS). The situation is fatal to a person if anti-oxidants are also absent in the diet."

Ulrich Warnke

### IMPORTANT FREE RADICALS AND BREAKDOWN PRODUCTS, WITH STUDY ABBREVIATIONS

#### From oxygen

Reactive oxygen species (ROS)

Superoxide (SO)

Hydroxyl radical

Peroxy radical

Hydrogen peroxide

Singlet oxygen

#### From nitric oxide (NO<sub>x</sub>)

Reactive nitrogen species (RNS)

Peroxynitrite (NO<sub>2</sub>)

Nitrate (NO<sub>3</sub>)

#### From cell lipids

Malondialdehyde (MDA)

#### From protein

Advanced oxidation protein products (AOPP)

3-nitrotyrosine (3-NT)

Protein carbonyl (PCO)

#### From DNA

8-dehydroxy 2- hydroxyguanosine (80HdG)

#### From plasma

Thiobarbituric acid reactive substances (TBARS)