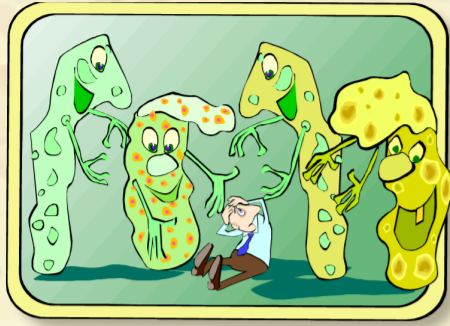


"... microbes outnumber our trillions of human cells by a factor of ten to one. The notion that the interior domain of the human body is intrinsically sterile flies in the face of overwhelming evidence, yet it is the prevailing dogma of allopathic medicine, and its modus operandi is... to attempt to kill off the microbes." Nicolas Corrin



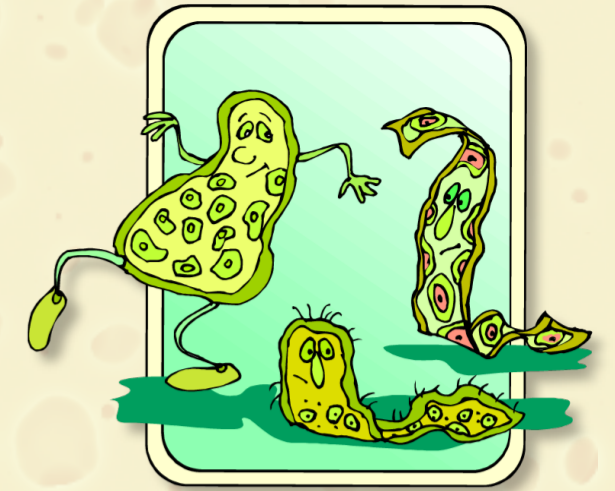
★ **Our Bugs, Ourselves**

**What Constitutes a Human?**

"Human beings, the potentially highest form of life expression on this planet have built the vast pharmaceutical industry for the central purpose of poisoning the lowest form of life on the planet--germs! One of the biggest tragedies of human civilization is the precedence of chemicals over nutrition."-- Richard Murray

On his deathbed, Pasteur is said to have recanted his germ theory, acknowledging his profound error of judgement. "Bernard is right," Pasteur famously declared, shortly before expiring, "the microbe is nothing. The terrain is everything."

"In simplest terms, the biological terrain is your body's internal environment. It consists mostly of intracellular fluid that surrounds each cell of your body..." Gary Verigin



★ **Bacteria in Our Bodies Protect Our Health**

Healthy Microbiome

Microbiome, extinction

★ We Are Our Bacteria

Gardens into Battlefields

Human Microbiome Project

Some of My Best Friends are Germs

The Microbiome

**Germs or Bio-terrain?**

Natural Antibiotic

Opticillin

★ Garlic

Echinacea

Goldenseal

Bee propolis

Manuka honey

Colloidal silver

A healthy diet and a course of natural antibiotics, followed by pre- and probiotics, may shift the altered microbial diversity of an infection to a more balanced inner ecosystem. Please consult a health practitioner for guidance.

Natural Antifungal

Berberine

Tea tree oil

Oregano oil

Plant tannins

★ Pau d'arco

Grapefruit seed extract



**Fresh Air Cure**

**Missing Microbes**

**Rethinking Sterile**

**Cutting Boards: Hardwood or Plastic**

**TWO PARADIGMS**

★ **Bio. Terrain vs. Germ Theory**  
**Pasteur recants Germ Theory**  
**Are Germs the Real Problem?**  
**Pasteur vs. Bechamp**

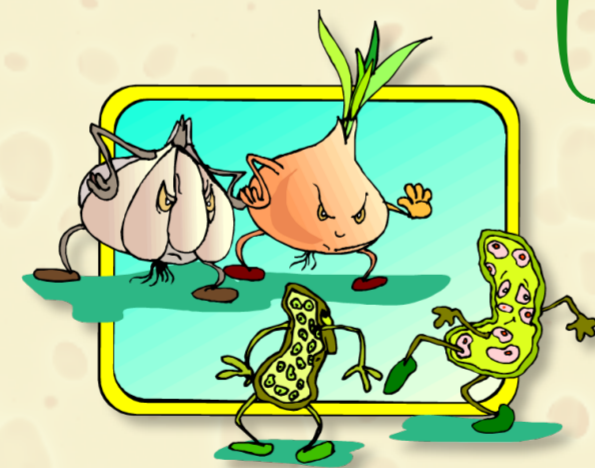
Healthy Terrain

Alkaline Lifestyle

★ PPNF Guidelines

★ Microbial diversity

Feed your microbiome



Good Bugs

Probiotics

Probiotics, cellulase

E. coli may help Parkinson's

Antibiotics, probiotics, prebiotics

Probiotics, prebiotics, synbiotics

We need viruses more than vaccines

Parasitic worm therapy, autoimmunity

H. pylori, may prevent asthma, hay fever

Specific probiotics helps age-related cognition

**SOME PROBLEMS WITH PRESCRIPTION ANTIBIOTICS**

They may kill bugs but don't heal tissue  
 Bugs can become resistant  
 :Microdiversity is altered  
 Antibiotics can be toxic  
 Infections often re-occur  
 New infections appear  
 Symptoms may persist when bugs killed

Home: Oscillatorium.com  
 Newest version this map  
 Date of this update: 01-30-16

How We Rot

Pleomorphism

The Body Matrix

Bio. Terrain Analysis

How Illness Happens

Bio. Terrain Revisited

Bio. Terrain Concepts

What is the Bio. Terrain?

**Bio. Terrain**