

Chronic, prolonged, frequent use of small wireless technologies is recent in history and unknown in nature. Our bodies suffer consequences, depending on our use habits and favorite devices. We may experience problems with eyestrain or vision, deafness or dizziness, aches and pains and "itis"es. Our skin might itch or redden. We may cause accidents or become the victims of accidents of distraction.

We may become addicted, lose sleep, eat poorly, isolate ourselves.

If we are young, we may not develop properly, or learn easily, or develop friendships.

This map offers a linked list of health issues caused by these devices -- unrelated, and in addition, to the bio-effects of EMF.



MOBILE DEVICES AND HEALTH

EMF bio-effects

Headaches: visual/auditory/postural
 Repetitive use syndromes
 Structural/postural strains
 Special sense distortions
 Addictive behaviors
 Developmental disorders
 Contact allergies, infections
 Thermal effects, burns
 Accidents due to distractibility
 Loss of social skills
 Distrust of personal experience
 Indirect: environmental quality loss



[Wii-itis](#)

[Addiction](#)

[Eyestrain](#)

[Text neck](#)

[iPad Hand](#)

[iPhone-itis](#)

[Laptop burn](#)

[Thumb arthritis](#)

[Social isolation](#)

[Digital dementia](#)

[Contact allergies](#)

[Cell phone elbow](#)

[Distracted driving](#)

[Distracted walking](#)

[Hygiene illnesses](#)

[iPosture, back pain](#)

[Headphone deafness](#)

[Virtual simulation sickness](#)

[Neurodevelopmental disorders](#)

[Developmental speech impairment](#)

EMF Bio-Effects

GLOW KIDS



[Smart phone ailments](#)

[RSI and mobile technology.](#)

[Hidden danger of touchscreens](#)

[From distraction to engagement](#)

[Four negative sides of technology.](#)

ARTICLES

[Pediatric Wii-itis](#)

[Laptop burn injury](#)

[Unsafe driving habits](#)

[Screen time, migraines](#)

[Texting, De Quervain's](#)

[Hearing and vision problems](#)

[Cell phone contact dermatitis](#)

[Cell phone cover contact dermatitis](#)

[Smartphone overuse, hand function](#)

[Smart phones, eye muscle demands](#)

[Cell phones, insomnia, learning issues](#)

[Distracted street crossing, cell phones](#)

STUDIES



OTHER HEALTH ISSUES

CAUSED BY USING

MOBILE TECHNOLOGY

IN ADDITION TO EFFECTS OF EMF

Home: [Oscillatorium](#)

Newest version: [this map](#)

Date of this update: 08-10-16